
IMPROVE OUTCOMES FOR MEMBERS WITH HYPERTENSION

Goal – Increase members ages 18-85 who had a diagnosis of hypertension and whose blood pressure (BP) was adequately controlled (<140/90).

➤ **Year One**

- Evaluate accuracy and effectiveness of use of registries in addressing treatment gaps and improving outcomes.
- Identify and study root causes of poor BP control (>140/90 for individuals 18-85).
- Create registry with data fields necessary to assess members' BP control.
- Meet with network providers to address technical implementation issues.
- Create and disseminate protocols for network providers to use.
- Conduct education and training of network providers regarding use of registry.

➤ **Year Two**

- Measure baseline for number of members enrolled in the registry.
- Measure baseline for members enrolled in the registry whose BP was adequately controlled (<140/90).
- Create activities to address root causes of poor BP control for members enrolled in the registry.
- Review registry data fields and modify as needed.
- Continuous education and training of network providers regarding use of registry and updates made to registry.
- Create continuous quality improvement plan, including information identifying project impacts, registry modifications needed, lessons learned, opportunities to scale project to a broader population, and key challenges.

➤ **Year Three**

- Increase number of members enrolled in the registry.
- Increase members enrolled in the registry whose BP was adequately controlled (<140/90).
- Implement activities designed to address root causes of poor BP control.
- Review registry data fields and modify as needed.
- Continuous education and training of network providers.
- Conduct continuous quality improvement activities.